



## **Wound Care Advice - Sutures**

Most wounds generally take about one week to heal. While healing is taking place we recommend that you protect the area with a clean, dry dressing.

Keep your dressing dry unless otherwise advised by the nurse. Cover your wound with a plastic bag or gladwrap when showering.

Please return to have your dressing changed if it becomes wet or soiled.

If you experience any signs of infection – increase in pain, swelling, redness, smelly or thick discharge of the wound please return to have us check your wound.

Dressing clinics are available for booked appointments- please ask your nurse about these.

### **Stitches (Sutures)**

Your wound has been closed with ..... non dissolvable sutures.

Keep the wound clean and dry.

You will be advised when to have the sutures removed. This varies with the location of your wound.

You may make an appointment to see your own GP nurse or return to have the sutures removed by one of our nurses.